



SAME PLACES, NEW ADVENTURE
ARGENTINA - CHILE

MEDICAL INFORMATION RELATING TO HIGH ALTITUDE

Some people are liable to experience Acute Mountain Sickness (AMS) at high altitudes.

Certain people are potentially more susceptible, due to their medical history: chronic respiratory disease, cold-induced asthmas, heart failure, coronary artery disease, anaemia, haemoglobinopathy, thalassaemia.

We recommend that you discuss this with your General Practitioner, who will, in the absence of any contra-indications, prescribe you [acetazolamide \(Diamox®\)](#)

Those who are liable to develop the symptoms can begin the treatment 24 to 48 hours prior to an ascent.

Possible side effects are: dysesthesia, abnormal fatigue related to dehydration, and complications (allergy to sulphonamides, renal colic attack, urinary infection).